

# Namdo School 2022 – School Report

Yungdung Tsewang Gurung – 15.11.2022



## Namdo School 2022

In 2022, the school session started through 1st week of May. Due to teacher training program at Dunai the school started lately. With total students of 105, the academic session started with 7 private teachers and 4 government teachers and a nurse later.

On 1st week of August and at the end of session terminal examination are taken. In between classes test are taken too. Comparing to previous year this year

our students come up with very fruitful results. The pass percentage this year is 85%.

Along with academic schedule we allow our students to be actively involved in different extra curriculum activities for their mental and physical development. Art, quiz, indoor and outdoor games are organized by Extra Curriculum Activities (ECA) teacher almost every Friday.



CLASS 4: STUDENTS ENJOYING THE BOOKS IN THE LIBRARY



OUTDOOR ACTIVITIES

### Teacher Training

On year 2019, for the first time “Teacher Training” was held in Dunai. Around 20 schools of upper Dolpo were involved in it. With other school our school was able to get teacher training back this year. After two years (2020-2021) of pandemic and lockdown the training came finally back 2022. “7 days Capacity Strengthening Training” was held in Dunai. Our teacher were actively involved and are able to gain knowledge on “Integrated Curriculum based Pedagogy and Progressive Education”. The training last for 7 days.

Teacher Training program has been playing a very important role in development of teacher personality and has been helping in development of teaching methods. We are able to learn more about children psychology.



TEACHER TRAINING WITH REED NEPAL TRAINER

### Yarstagumba Season

Along with farming, Yarstagumba “Cordyceps Sinensis” (scientific name) is the main source of income for people of Dolpo. The season last for almost 3 months. During this time one adult from each family goes for hunting Yarstagumba.

The Yarstagumbas are sold to buyer and with the money, food and clothes and other needs are bought. It’s been almost 3 years that the China border has been closed due to pandemic and the Dolpo people aren’t getting its actual cost.

One best Yarstagumba almost cost Rs. 1000/- till Rs. 1500/- but in the last two previous years the prices decreased and the hunters suffered badely. This year Yarstagumba have been sold by Rs. 500/-, the market drastically got down.

As this session create a basic source of income for people of Dolpo, every year 15 days holiday are given in almost every schools in upper Dolpo to hunt Yars-



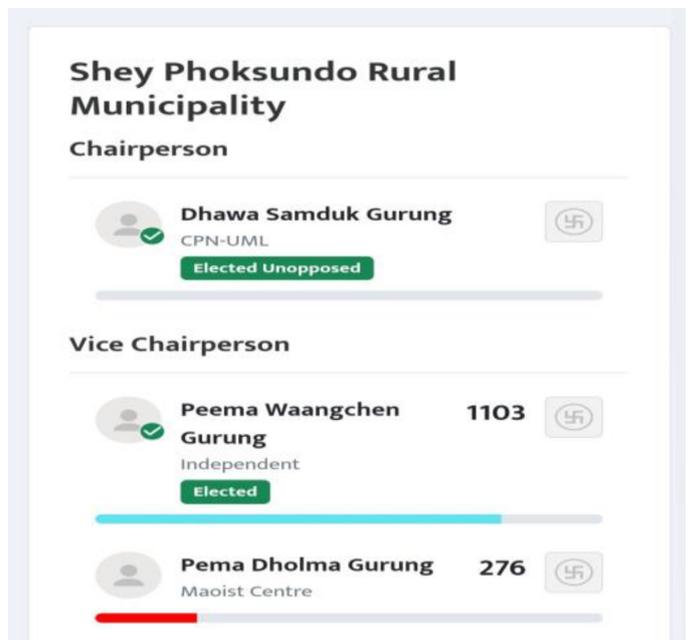
YARSTAGUMBA

tagumba. A child can contribute a lot to his/her family by collecting and hunting the Yarstagumba. So in 15 days holiday almost every capable student went for Yarstagumba or for helping their family in Nomadic works. Among many Yarstagumba hunting spot “Sagar and Chuthang” are the common and popular area for people of Namdo.

### Nepal Election

The 2022 Nepalese local elections were held on 13 May 2022 in 6 metropolitan cities, 11 sub-metropolitians cities, 276 municipalities and 460 rural municipalities. Here in Shey Phoksundo Rural Municipality, local government election took place within two main party CPN UML and Maoist. The CPN UML party was able to win election with maximum vote.

For the post of Rural Municipality Chairman Mr. Dawa Samduk Gurung (former Vice-Chairman) was elected unopposed as Chairperson of Shey Phoksundo Rural Municipality. For Vice-Chairperson Post Mr. Pemma Wangchen (Independent) won the election with huge vote against Maoist party candidate Ms. Pema Dolma and our new ward chairman won election without any opponent party candidates. Now almost every members are changed and replaced with new member. Election of Federal Parliament and Provincial Assembly Election was held on 20th November to elect 275 member of the House of Representatives.



### Mini- Grid Solar Power Supply

On year 2021, for the first time a huge solar power supply was proposed by previous ward chairman Mr. Pemma Wangchen Gurung for the whole Namdo villagers. The materials like solar battery, panel and other requirements have been transported through helicopter and mule.



MINI-GRID SOLAR POWER HOUSE

This year the materials are installed and the wiring work are done by experts. Each and every family is now able to have power to stay away from darkness. Along with villagers Namdo School is also able to have power supply access.

On proposal every family got 4 bulbs, a meter box and other basic requirements. Now everyone can charged their cellphone and can use other electronic items. Every households pays monthly the amount they consumed through power supply.

Four power houses were built in different villages (Rapa, Namdo, Bhongra and Dhungdar) with the necessary battery and panel. Now all villagers have access to solar power. Our appreciation goes to every individual who has been involved in this.

### Nyeldi Horse Festival

Nyeldi horse festival or ceremony is a century old ceremony that people of Namdo have been following. "Abu Yulla" a sacred god of Namdo is a blessing name for the festival. Without a pray and offerings to Abu Yulla the festival can't be started. During this festivals each male member of every family needed to attend the ceremony if they didn't attend they need to pay compensation.

Among all monks of Namdo, each respected monk get tenure of a year to lead ceremony. Leading monk so called "Khenpo" is given special responsibility and respect during the ceremony. After and before the festival "Khenpo" should do pujas and mantra to create favorable climate to preserve the field crops from being destroyed.

On this ceremony, horse racing is a basic attraction for tourist and villagers too. The best horses are being raced and the blessed appreciation are given to positioned horse holder. As the festivals last for 3 days the people bring their requirements by themselves. Every individual and group spend their night in a tent. As the China border hasn't been opened for last 3 years the business and markets are getting popular during this festivals. The food, clothes and other requirement are sold by businessmen.



HORSE GRAZING AT NYELDI FESTIVAL



### Upper Dolpo Education & Sports Program

On year 2017 for the first time Namdo school organized upper dolpo school exchange program with the motive of student development. Later the program got good response and rural municipality involved in financial help. And after that the program has been organized by one after another within Shey Phoksundo Rural Municipality area.

This year the program was organized by Bhijer School. With a good budget and plan the program got good response among all the school. Our students had to walk a whole day walk from Namdo to Bhijer.

We gave priority to our senior classes. As the journey was quite challenging we only took senior student from grade 3 to 6 to participate. More than 20 different competitions and contests have been organized by the organizer school. Almost every schools participated happily.



OUR STUDENT PARTICIPATING IN A GAME

The program last for 4 days at Bhijer School and our children have been able to learn and see different things. The interaction among different school children create a learning environment to our students.

As an appreciation our children were able to win many medals and certificate in contest and games. The students were able to see many things about Bhijer village too.



GROUP PHOTO TAKEN DURING PROGRAM AT BHIJER



OUR STUDENT PHUNTSOK TSEWANG WAS ABLE TO GET HIGHEST NUMBER OF MEDALS AND CERTIFICATE AMONG ALL THE INDIVIDUALS STUDENT

## Hepatitis B

Hepatitis B is a growing health challenge in upper dolpo. The disease has been identified as an emerging serious health challenge in upper dolpo as over 20 percent were found to be infected with hepatitis B virus in their bodies.

According to 2019 survey done by Dr. Sudhamshu KC, most infected ones are from Dho village and the virus has been found among the people of Bhijer, Saldang, Phoksundo and Chharkha as well. He warned that as every fourth is hepatitis positive in upper dolpo and that the situation would get epidemic with the time if interventions were not made.

The Rural Municipality health in charge Mr. Nima Dhargyal and our nurse Tenzin Wangmo were doing survey and found out that around 20 percent of the villagers are infected by the disease. The Rural Municipality is planning on giving vaccine on it. On starting month of session, we were unable to get any health facility. After contacting with many people finally we were able to get new nurse.

Ms. Tenzin Wangmo was appointed as new nurse through Bhawi Nepal and she did wonderful work this year.



NURSE TENZIN WANGMO

## Lunch Meal

Lunch Meal program had been successfully running since the year 2015. We are very much thankful to Schulverein Lo-Manthang and Peter Werth for the lunch meal to our students.

With Rs. 500000/- budget the school association had been collecting the raw food like rice, lentils, oil and other requirements from parents and at the end of session the Rs. 500000/- were distributed among parents. As the china border has been closed since long, It's difficult for parents to get raw food for the lunch meal. And the quality of rice and lentils provided by the parents are vary which somehow creates difficulties for the cook to create a meal.



*CHILDREN'S HAVING A LUNCH MEAL*

During Tashi Wangyal's visit in Namdo the association made a meeting with the parents and come up with the conclusion to buy all the requirements (rice, dal, oil and other requirements) from Dunai from the same budget from the Schulverein. By doing so our children will be able to get quality raw food from Dunai and once the requirement product is transported then everything will be easy and systematic.

**Renovation**

After the completion of construction of the new school building many incomplete work and defects have been seen. We all are sad with the conditions of the newly build building. The building has been inspected by Schulverein Lo-Manthang, Bhawi Nepal and School Association. Experts like Sonja & Peter from Schulverein Lo-Manthang team and Suman Rai (REED Nepal Engineer) played an important role in finding the defects of the building. After the continuous virtual meeting and discussion, Sonngard and her team come up with the proposal of renovation work.

In June the materials have been transported from Kathmandu to Namdo. Along with Suman two other skilled workers and Tashi accompanied the team and reached Namdo. The very next day the reconstruction of building was started. In a week the doors and



*WORKING ON CONCRETE CEMENT WORK*



*EXPERTS AND TEACHERS WORKING ON WINDOWS WORK*



*GLIMPSE OF PHOTOS OF TEACHERS WITH SUMAN AND TASHI DURING CONSTRUCTION*

windows exchange was done. After the completion of doors and windows work the team started with the roof work.

This year due to excessive rainfall and snowfall in Himalayan region different catastrophes were seen and faced all around the world. We too faced continuous snowfall and rainfall here in Namdo which created difficulties in construction. Tackling the difficulties the teachers played focal role in working in remaining work. The teachers contributed by assisting the work of windows and roofs. This year windows work and 2 rooms (RP1 and Stone building) were completed. Next remaining building work will be continuing in next year 2023.

**Food Support to Poor & Needy**

Since long years the poor and needy are being given a food support. In earlier years before lockdown the China border was opened and the people were able to get their requirements from there.

It's been 3 years the China border is being closed which create difficulties to people of upper Dolpo. The requirements were all bought and transported from Dunai which create quite more expenses to the



PHOTO OF FOOD SUPPORT WITH POOR AND NEEDY ONES

people. The product at Dunai are much more expensive than that from China. Financially strong families and families with yaks and mule can easily excess their requirements. But the poor and financially weak families can't. This year the food support were provided among 25 family of Namdo. Most of them were old and disable ones.

The food support is very helpful for the needy people. The distributed food support will be enough for winter season. The needy people are very much thankful to Schulverein Lo-Manthang and to an individuals who involved in helping them.



"I'M THE OLDEST MAN IN WHOLE NAMDO VILLAGE. I HAVE BEEN GETTING YOUR SUPPORT SINCE LONG YEARS. I'M HAPPY AND BLESSED TO GET THE HELP FROM OUR DONORS. I PRAY FOR PEACE AND LONG LIFE OF OUR NGO AND THE INDIVIDUALS WHO ARE HELPING PEOPLE AND CHILDREN OF NAMDO." MR. LHAKPA DHARGYAL AGE: 77



MR. PHURBA TASHI CARRYING FOOD SUPPORT

### Dental Camp

Among many common health problems, dental problems are common in upper dolpo. As our previous generation didn't have any dental knowledge and access toothbrushes the health problem is common in upper Dolpo. After the dental camp done by Mrs. Joanne Richardson in year 2017, somehow our young generation might not face the same problems.

From year 2017 till now our student are able to get new brushes and paste. Every year our students seem excited to get them and learn more about dental education. At the start of the academic year we provide a toothbrush and paste to each students and later new paste is given after they finished the old one.



KINDERGARTEN STUDENT WITH NEW BRUSH & PASTE



A BOY SEEN DRAWING HIS HOUSE



PEMA DORJEE ENJOYING HIS DRAWN FACED OF BEARD



HAPPY CHILDREN

*"We would like to thank our swiss based NGO Schulverein Lo-Manthang for your generous support. We've got a lot of work ahead of us, and your support has made it easier to get things done and thrust us forward. We thank you for your support and desire to help us succeed in this venture.*

*A huge appreciation to our Shey Phoksundo Rural Municipality our local government for your support too. Congratulation to newly elected Rural Municipality Chairperson Dawa Samduk Gurung, Vice Chairperson Mr. Pemma Wangchen Gurung and all the ward chairman and members.*

*Thank you Bhawi Nepal for your support and guidance in making our children capable of whom they are today. A huge appreciation to Mr.Tashi Wangyal Lama (Bhawi Nepal President) and Mrs. Pasang Bhuti Lama (Hostel In charge) for your marvelous work.*

*We would like to express our deepest gratitude for your unselfish contribution towards our children. Your donations and support are very important to us. It helps the continuity of our commitment to serving the community through quality education and health support."*  
Thank you



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